

**SCENTRAL EGLINTON CHILDREN’S CENTRE  
SUN SAFETY AND AIR QUALITY ALERT POLICY**

**Date Policy and Procedures Established: July 29, 2022**

**Date Policy and Procedures February 27, 2024**

**UV AND AIR QUALITY ALERTS**

CECC will check for alerts from the Ministry of Environment, especially in the months between April and September.

**CECC will take measures to ensure the children are safe:**

- Spending less time outside
- Playing in alternative spaces – the school’s gym, lunchroom or great hall
- Providing water play

**SUN SAFETY**

When we go outside, we will ensure:

- We limit the time in the sun, between 11 a.m. and 4:00 p.m., when the UV Index is higher than 3.
- The children and educators wear hats.
- The children and educators wear sunscreen, unless specified in writing by parent/guardian (SPF 15 or higher, in its original bottle)
- We provide shade – natural and artificial.
- We provide water and cups.

We will not apply sunscreen for the kindergarten and school age children after school, 3:15 p.m. – 6:00 p.m.

**POSTING UV INDEX/AIR QUALITY ALERTS**

CECC will post the index/air quality alerts on the filing cabinet in the 103-105 foyer at our Eglinton site and on the kindergarten room door at St. Monica’s.

<b>Health Risk</b>	<b>Air Quality Health Index</b>	<b>Health Messages</b>	
		<b>At Risk Population*</b>	<b>General Population</b>
<b>Low</b>	1 - 3	Enjoy your usual outdoor activities.	Ideal air quality for outdoor activities.

<b>Moderate</b>	4 - 6	Consider reducing or rescheduling strenuous activities outdoors if you are experiencing symptoms.	No need to modify your usual outdoor activities unless you experience symptoms such as coughing and throat irritation.
<b>High</b>	7 - 10	Reduce or reschedule strenuous activities outdoors. Children and the elderly should also take it easy.	Consider reducing or rescheduling strenuous activities outdoors if you experience symptoms such as coughing and throat irritation.
<b>Very High</b>	Above 10	Avoid strenuous activities outdoors. Children and the elderly should also avoid outdoor physical exertion.	Reduce or reschedule strenuous activities outdoors, especially if you experience symptoms such as coughing and throat irritation.

\* People with heart or breathing problems are at greater risk. Follow your doctor's usual advice about exercising and managing your condition.

### INFORMATION TO PARENTS

If we are prevented from taking excursions etc. we will contact the parents via all or some of the following: email, Storypark, telephone or Twitter.

